



Position Paper

Essential Healing Oils: Biblical Path to Healing or Demonic Deception?

Zoe Healing Center 1/2020

Overview

Concerns for Christians

The Healing Ministry of Jesus

Healing Oils – Twisted Truth – Who Is the Source?

Conclusion

References

Research Project: Essential Healing Oils: Biblical Truth or Deception?

OVERVIEW

Most people that are associated with the service professions are caring people and simply want to help others achieve quality of life. However, as Christians, we are to discern, evaluate, and test our actions, thoughts, philosophies, and words against the standard of Scripture. When one looks closely at Truth, one will find many disparities in what is taught and promoted as anointing oils or essential healing oils through Young Living products and programs. One will find a blend of New Age and Eastern religion philosophies that are taught and practiced under the term Christianity.

The Christian ministry of healing is based on solid scriptural and doctrinal foundations both past and present day. The gifts of the Spirit, such as healing, demonstrate the good news of the Kingdom of God for every believer. Because of Christ's finished work on the Cross, every believer can have access to healing and it is freely received because of God's love for man.

This is what makes healing as Christ followers different from energy healing such as aromatherapy, essential oils, rain drop technique, reiki, and therapeutic touch which are taught as complementary or alternative medicine (CAM) with spiritual benefits. We do not channel impersonal power. That is sorcery. We do not learn how to use impersonal power to balance someone's energy or electrical magnetic forces; and we are not independent agents or practitioners.

Instead, we are in a dependent relationship with God. We are not making Him our servant – just the opposite. We are yielding our lives to become His servants. As we come into a relationship with Jesus, the Son of God, and God the Father, through the Holy Spirit, we enter into a war against the works of the devil. Sickness, disease, pain, demonization, and damnation are destroyed. We work with the Holy Spirit. This is the difference between the theist religion of Christianity and pantheist religions like Buddhism, Hinduism, New Age and New Thought philosophies. Jesus Christ is the Son of God and He is the only way to salvation. Jesus shed His blood for us so that we could have the opportunity for salvation. He is the only Way, the Truth, and the Life for mankind. Anything else is a false worldview. **John 14:6 (NKJV) Jesus said, 'I am the way, the truth, and the life. No one comes to the Father except through Me'.**

Everything we do as believers is intended to reinforce and manifest the redemptive work and triumph over the powers of darkness that took place at Calvary. Jesus accomplished it all then and there. When we embrace lies, we empower the liar. Coming into agreement with the devil, we ignore or deny what God has provided and we lose the ability to discern the realms of the Holy Spirit and often wind up attributing the devil's work to God. The cost of tolerating lies

is enormous (Romans 1). Spiritual falsehoods do not just end with the lack of healing; lies rob the heart for more in our relationship with God. We no longer can discern truth and we live within the boundaries of unbelief and with less than God redeemed us to be. The cost of apostasy is spiritual death – separation from God.

Galatians 1:8-10 (NKJV)

⁸ But even if we, or an angel from heaven, preach any other gospel to you than what we have preached to you, let him be accursed. ⁹ As we have said before, so now I say again, if anyone preaches any other gospel to you than what you have received, let him be accursed.

¹⁰ For do I now persuade men, or God? Or do I seek to please men? For if I still pleased men, I would not be a bondservant of Christ.

Concerns with Christians embracing the philosophy of alternative spiritual resources* for healing:

- These products and procedures are marketed as having spiritual benefits that are twisted in the context of Biblical truth and interpretation.
- The authority and inspiration of the Bible is reduced to historical content and the need for other resources is expressed to explain the teaching and principles of healing.
- People are unknowingly partnering with the works of the devil (sorcery) rather than God.
- The source of the healing and miracles are not from God. (Mt. 24:23-24; 2 Peter 2:1-3)
- The message of the Cross is missing in the “healing program”- yet people are being asked to “come and be anointed”.
- The teaching material promotes one to learn the art and skill to be a healing practitioner like Jesus rather than becoming sons and daughters with a relationship with God through Jesus.
- Products are marketed in our churches as “Anointing Healing Oils” used in the Bible, thus are more than a simple herb, perfume, spice, or cleaning solution.
- Prayer is promoted as not necessary for healing with oils; however, when used together the use of oils can enhance the effectiveness of prayer.
- In August, 2014, the FDA determined that many of the products are promoted in a way that causes them to be categorized as drugs. Additionally, without FDA approval, they are currently in violation for promoting products that are “not generally recognized as safe and effective for use under the conditions prescribed, recommended, or suggested in labeling.”

“Discernment is not knowing the difference between right and wrong, but what is right and almost right”

~ Charles Spurgeon

*Please refer to pages 11-24 for specific non-Biblical statements and content presented in YL teaching on healing.

Biblical Healing:

- The Lord uses us by releasing His power through us.
- The Word of God (Bible study and hearing and obeying the voice of God) releases God's power in our lives.
- Healing is to glorify Jesus Christ and is accompanied with the Gospel of salvation.
- Divine healing has been already purchased for us by Jesus and we now have direct access to the throne room of God.
- The healing model is Jesus – He didn't do anything He didn't see or hear His Father do. We do the same thing – 'Listen and do whatever He says'.
- Prayer is an essential part that connects God's heart with the actual circumstances of humanity. It is in that place of agreement where the heart of God is with man and contains the ultimate revelation of the will of God in our lives.

The Healing Ministry of Jesus

The ministry of healing is based on solid scriptural and doctrinal foundation both past and present day. The gifts of the Spirit, such as healing demonstrate the good news of the Kingdom of God for every believer.

Matthew 28:18-20 *Then Jesus came to them and said, "All Authority in heaven and earth has been given to me. Therefore, go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age."*

The primary way God reveals His power to us is in our exercise of faith in hearing His directives and obeying them. This brings Him glory!

Ephesians 3:14-21 This passage written to Christians who have already repented and been baptized into Christ, and who have received the Holy Spirit. He came into them and gave them life:

"For this reason I kneel before the Father, from whom his whole family in heaven and on earth derives its name. I pray that out of his glorious riches he may strengthen you with power through his Spirit in our inner being, so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love, may have power, together with all the saints, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge – that you may be filled to the measure of all the fullness of God".

Now to Him who is able to do immeasurably more than we ask or imagine, according to his power that is at work within us, to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen

Paul wants all Christians to have power and be filled to the measure of all the fullness of God.

John 2:11 – expresses a relationship between power and glory – he talked about Jesus at Cana: *“This is the first of his miraculous signs, Jesus performed at Cana in Galilee. He thus revealed his glory, and his disciples put their faith in him.”*

The fruit of righteousness (both moral fruit and power gifts & works) are tied to the Holy Spirit and intimacy with God, not knowing about Him or having a theology.

Ephesians 5:8 says to be filled with the Spirit.

Ephesians 6 urges us to put on the full armor of God ... to be strong in the Lord and his mighty power ... and to pray in the Spirit on all occasions.

Philippians 1:9-11 reveals the inner working the Spirit in our lives to make us fruitful:

“And this my prayer: that your love may abound more and more in the knowledge and depth of insight, so that you may be able to discern what is best and may be pure and blameless until the day of Christ, filled with the fruit of righteousness that comes through Jesus Christ – to the glory and praise of God”.

This insight and knowledge of Him is knowing His will and His ways and taught by the Holy Spirit. It is through Jesus Christ (the Son of God who died and was resurrected, redeeming man and providing us to be reconciled to Father God) that Christians would be empowered to do works of righteousness – healing, miracles, supernatural deeds, - as the fruit Jesus spoke about in **John 15:8** – *“This is to my Father’s glory, that you bear much fruit, showing yourselves to be my disciples”.*

**These all come by the Holy Spirit – through intimacy with God –
having insight and knowledge of God Himself.**

Colossians 1:9-14:

*“For this reason we also, since the day we heard it, do not cease to pray for you, and to ask that you may be filled with the knowledge of His will in all wisdom and spiritual understanding:
10) that you may walk worth of the Lord, fully pleasing Him, being fruitful in every good work and increasing in the knowledge of God; 11) strengthened with all might, according to His glorious power, for all patience can longsuffering with joy:*

12) giving thanks to the Father who has qualified us to be partakers of the inheritance of the saints in the light. 13) He has delivered us from the power of darkness and conveyed us into the kingdom of the Son of His love,

14) in whom we have redemption through His blood, the forgiveness of sins.” (NKJV)

It is through gaining spiritual wisdom and understanding that comes from our study of the Bible and our experience of hearing from God through present communication with Him.

Jesus said in **John 10:27** – “My sheep hear My voice”. (NKJV)

1 Thessalonians 5:16-24

16) “Rejoice always, 17) pray without ceasing, 18) in everything give thanks; for this is the will of God in Christ Jesus for you. 19) Do not quench the Spirit. 20) do not despise prophecies. 21) Test all things; hold fast what is good; 22) abstain from every form of evil. 23) Now may the God of peace Himself sanctify you completely: and may your whole spirit, soul, and body be preserved blameless at the coming of our Lord Jesus Christ. 24) Hew who calls you is faithful, who also will do it”. (NKJV)

**The power that works through us is not our power –
we stand in a role of total dependence on God.**

Acts 3:12 – Peter told the crowd who were amazed at the healing of the beggar. “...why do you stare at us as if it is our own power or godliness we had made this man walk?’ We cannot manipulate this power. Rather, than using this power, the Lord uses us by releasing His power through us.

Romans 1:16 – “I am not ashamed of the gospel, because it is the power of God for the salvation of everyone who believes: first for the Jews, then for the Gentile.”

The Gospel brings us the power of God to bring salvation in its fullest sense to people – including forgiveness, healing and deliverance. The power of God is the believer’s source of joy, peace, and hope.

Romans 15:13 – “May the God of hope fill you with all joy and peace as you trust in him, so that you overflow with hope by the power of the Holy Spirit.’

Salvation (Saved, Healed, Set-Free)

God’s plan did not fail – Adam and Eve failed. They listened to the serpent’s reasoning and became his possession (**Romans 16:6**). The devil is using the same tactics today to deceive believers in twisting truth or with reasoning that is contrary to what God said. Independence of God was the root of Adam’s sin. Our independence or rebellion is what still separates us from

God today. However, Jesus came to destroy the works of the devil and took back what had been given to satan through Adam's sin.

1 John 3:8 "For this purpose the Son of God was manifested, that He might destroy the works of the devil." (KJV)

Matthew 28:18 – Jesus declared, "All authority has been given to Me."

Matthew 9:35 – "Jesus was going through all the cities and villages, teaching in the synagogues and proclaiming the gospel of the kingdom, and healing every kind of disease and every kind of sickness".

Salvation (Whole: Spirit, Soul, & Body)

Luke 9:56 – "For the Son of Man did not come to destroy men's lives, but to save them." The word 'save' in the original Greek language is the word *sozo*. It refers specifically to the forgiveness of sin, the healing of disease, and the deliverance from torment. That is salvation! Jesus made the provision needed to save the whole person – spirit, soul, and body.

Prayer is Essential – We have a Model!

Prayer is the essential part that connects His heart with the actual circumstances of humanity. It is in that place of agreement where the heart of God is with man. This is what releases the purposes of God and contains the ultimate revelation of the will of God for our lives.

Matthew 6:9-11 – Lord's Prayer – model.

The Kingdom of God and the Gospel of Christ

Healing was indeed a major part of Jesus' ministry. Freedom from disease is God's will on earth, but through Jesus Christ and Him alone.

Romans 15:18-19 "For I will not presume to speak of anything except what Christ has accomplished through me ... in the power of signs and wonders, in the power of the Spirit ... I have fully preached the Gospel of Christ".

"For the kingdom of God is not eating and drinking, but righteousness and peace and joy in the Holy Spirit" **Romans 14:17**.

Righteousness and peace and joy are clear manifestations of the Kingdom of God. Joy is a kingdom expression . *Fullness of joy exists in God's Presence (Psalm 16:11)*.

Jesus healed everyone who came to Him. He provided a compelling model for us to follow.

Jesus responded to little faith and great faith (**Mark 9:22; Mark 1:40; Matthew 9:29; Mark 6:56; Matthew 8:8**)

When Jesus walked the earth, all sickness was from the devil. Today, people believe that God sends it or allows it to make people better by building character and teaching us the value of suffering.

1 Peter 2:24 “Who Himself, bore our sins in His own body on the tree, that we, having died to sins, might live for righteousness – by whose stripes you were healed.

25) For you were like sheep going astray, but have now returned to the Shepherd and Overseer of your soul”.

Acts 10:38 – “God anointed Jesus of Nazareth with the Holy Spirit and with power, who went about doing good and healing all who were oppressed by the devil, for God was with Him (NKJV)

Healing is not just something God does. It is who He is. Jehovah Rapha, the God who heals (**Exodus 15:26**).

A Relationship with Jesus

Healing is a relational process, not a mechanical formula or a ritual of oils.

Only one principle really pertains to Jesus’ model for healing. His mother, Mary, reveals it. Just before Jesus performed His first miracle of turning water into wine, Mary said to His disciples, “Do whatever He tells you.” **John 2:5**

We follow this principle in praying for healing and we will see amazing results.

The basic principle of discipleship is modeled after Jesus’ relationship with the Father.

Jesus perceived what His Father was doing. He heard or saw it and then obeyed .

This is what makes healing as Christ followers different from energy healing such as aromatherapy/essential oils, rain drop therapy, reiki, and therapeutic touch. We are not learning to channel impersonal power. That is sorcery. We are not learning how to use impersonal power to balance someone’s energy or electrical magnetic forces. We are not independent agents. Instead , we are in a dependent relationship with God. We are not making Him our servant – just the opposite, We are yielding our lives to become His servants. As we come into a relationship with Jesus, the Son of God, and God the Father through the Holy Spirit, we enter into a war against the works of the devil. Sickness, disease, pain, demonization and damnation are destroyed. We work with the Holy Spirit. That is the difference between a theist religion like Christianity and pantheist religions like Buddhism, Hinduism, New Age, and New Thought philosophies.

Prayer: Communion with God

Everything we now do as believers is intended to reinforce and manifest the redemptive work and triumph over powers of darkness that took place at Calvary. Jesus accomplished it all then and there.

We should immediately thank Him for honoring us with His presence and doing what He did. This is true whether our prayers are petitions or commands. By petitions, prayers addressed to God; by commands, prayers addressed to the body part, a demon, or afflicting spirit.

Faith isn't in what you feel, but in the Word of God. Faith isn't on a rational conclusion or thought process. It comes as a gift. Salvation (healing) is a gift.

The prayer of the righteous is powerful and effective. **(James 5:13-18)** (Oils don't make prayers effective or enhance them)

Pray in the Name of Jesus.

Be Led by the Holy Spirit

We are to cooperate with the Holy Spirit (the third Person of the Godhead – Trinity) The Holy Spirit, Comforter, Helper, Advocate, Intercessor. Satan on the other hand means 'accuser of the brethren. We must be careful not to relate to people like the accuser rather than like the Comforter. The Holy Spirit comes to help us not condemn us.

Romans 8:14 – *“For as many as are led by the Spirit of God, these are sons of God”.*

Romans 8:26 – *“Likewise the Spirit also helps us in our weakness. For we do not know what we should pray for as we ought, but the Spirit Himself makes intercession for us with groaning which cannot be uttered”.*

Matthew 24:4-5 4) “And Jesus answered and said unto them, “Take heed that no one deceives you. 5) For many will come in My name, saying I am the Christ, and will deceive many.”

Ephesians 5:8-12

8) *“For you were once in darkness, but now you are light in the Lord. Walk as children of light. 9) for the fruit of the Spirit is in all goodness, righteousness, and truth). 10) finding out what is acceptable to the Lord.*

11) *And have no fellowship with the unfruitful works of darkness, but rather expose them.*

15) *See then that you walk circumspectly, not as fools, but as wise, 16) redeeming the time, because the days are evil. 17) Therefore, do not be unwise, but understand what the will of the Lord is”.*

2 Corinthians 6:14 *“Do not be unequally yoked together with unbelievers. For the fellowship has righteousness with lawlessness? And what communion has light with darkness?”*

It is interesting that the essential oils cannot be exposed to light.

God’s first creative word from primeval darkness was “Let there be light”. How cool is that?

Beware of False Teachers

Matthew 24:23-24

23) “Then if anyone says to you, ‘Look, here is the Christ!’ or ‘There!’ Do not believe it. 24) For false christs and false prophets will rise and show great signs and wonders to deceive, if possible, even the elect”.

2 Peter 2:1-3 *“But there were also false prophets among the people, even as there will be false teachers among you, who will secretly bring destructive heresies, even denying the Lord who brought them and bring on themselves swift destruction. 2) Many will follow their destructive ways, because of whom the way of truth will be blasphemed. 3) By covetousness they will exploit you with deceptive words; for a long time their judgment has not been idle, and their destruction does not slumber”.*

1 Peter 2:24 *“Who Himself, bore our sins in His own body on the tree, that we, having died to sins, might live for righteousness – by whose stripes you were healed.*

25) For you were like sheep going astray, but have now returned to the Shepherd and Overseer of your soul”.

Research Project: Healing Oils - Twisted Truth – Who is the Source?

Young Living Essential Oils (Gary Young, ND) and **Healing Oils of the Bible** (David Steward, PhD)

Book: Healing Oils of the Bible (2012) Stewart, David. Marble Hill, MO: Care Publications

Here are quoted excerpts from this book: These are antithetical (in contrast to the Bible):

Page iv – Important Notice: the information in this book is intended for education purposes only. It is not provided in order to diagnose, prescribe, or treat... yet they do.

Page xv – Introduction. This book is based on both scripture and science. It is not the intent of this book to diagnose, prescribe, or make medical claims, to practice medicine in any form, or to encourage anyone else to do so unless they are properly licensed to perform such functions. Healing is a holistic spiritual term, not a medical one. The ancient priests, prophets, as well as some physicians of the Bible, anointed people with oil and prayed with them for spiritual purification, moral repentance, and healing. So did Jesus. So did his disciples. And so did the Christians of the early church.

They are called ‘essential’ because they are necessary for the life of the plant and contain the ‘essence’ of the plant. Essential oils contain life force, intelligence, and vibrational energy that imbues them with healing power that works for people.

Page xvi- The ancient people of the Holy Land seemed to understand this quite well. They used aromatic oils for every purpose from maintaining wellness, to physical healing, to enhancement of spiritual states in worship, to emotional cleansing, to purification from sin. The medications manufactured by man cannot compare with the healing capabilities of essential oils. Man-made pharmaceuticals *lack the life force, the intelligence, and the vibrational energy found in healing oils.*

There are no dangerous side-effects ... that is why anyone can use them without the supervision or prescription of a doctor. Meanwhile, people with chronic diseases are cured and no longer need oils or any other medicine.

Page xvii – What makes Essential Oils Special?

“In the beginning was the Word, and the Word was with God, and the Word was God.” *In Genesis* (italics mine) we find God speaking his creation into existence by his very Word. Word is a vibration, a frequency, a consciousness, and expression of energy. When God created the plants by his speaking voice, he imbued them with his Word and his intelligence. This includes the oils of the plants which he intended, from the very creation, to become our medicines when we need healing.

That is what is so special about essential oils. They contain power from God's Word. Artificial medicines, made by humans, contain no such power. That is why they cannot heal and never will.

The point here is that essential oils are divinely ordained as medicines for God's children and are meant to be used with God's guidance, accompanied with prayer.

Page xix – Genesis 1:29-30 God gives to mankind every plant and tree for food... which can include not only that which is consumed for calorie needs and daily nourishment, but also for medicines.

In Ezekiel 47:12 we read, "On the banks, on both sides of the river, there will grow all kinds of trees for food.... Their fruit will be for food and their leaves for healing." Similarly, we read in Revelation 22:2, "The leaves of the tree are for the healing of the nations." In Proverbs 21:20 it states that "Precious treasure and oil remain in the house of the wise" (NRSV).

It is clear from the Bible that God intended that the oils of plants be used for many purposes. ... Essential oils were also applied for emotional release, mental clearing, spiritual upliftment, physical healing, and prevention of disease.

Page xx – A Bible Oils Program You Can Do

This book is an outgrowth of a program on the "Healing Oils of the Bible" where we discuss some of the oils used in the Bible Chapter Fourteen gives instructions for doing this program. This book is a resource for doing that program.

When we mention galbanum, for example, you may want to open a bottle and smell the oil, noticing its fresh grassy fragrance. Then you may want to put a little on your forehead or your shoulders and see how it makes *you feel grounded and close to mother earth*. When you read the chapter on "Oils of Joy", you want to apply some of the oil of Joy.

We also advise you in that chapter to how to approach pastors and churches to do the program in a sacred setting.

Page xxiv – At a seminar in September 1999 we *learned a method of prayerfully* anointing with oils on the back and feet that often produces dramatic results. The procedure takes about an hour and has been given the name "*Raindrop Technique*."

Page xxv – But when most people are sick, they don't go to church to be anointed and healed, as Christians once did. They go to doctors and hospitals or purchase over-the-counter medication. I ask you: Can a system that delivers services under the name of 'health care' really deliver health when it fails to acknowledge the very source from which flows life and vitality.

We hope this book will be a step in the right direction of restoring to the church its proper place in the healing of the sick, a role that has, in modern times, been secularized and lost.

Chapter One page 1: God the First Aroma therapist– Perhaps a lesson to be learned from the story of creation in Genesis is that God intended that we live in an environment permeated with the gentle scents of essential oils.

Scientifically, we now know that these natural aromas are more than just pleasant. They are *emotionally, spiritually, mentally, and physically healing*. God has imbued the aromatic molecules of plants, not only with power to heal us when we are ill, but to nurture and preserve our health when we are well just by breathing on them-

Page 2 – In Ezekiel 47:12 and Revelation 22:2 it is suggested that God gave us natural herbs, including their extracts, to be our medicines... it appears that God was the first aromatherapist – long before the word or concept was articulated by humans...

... By using and diffusing pure essential oils in our homes and businesses, and as we travel, we can create an atmosphere permeated with the healing oils of Eden and enjoy the advantages of modern technology as well.

Page 3 – first mention of oils in the Bible. Gen 37:25 – the story of Joseph. Midianite traders carrying 'spices, balm and myrrh'.

Page 5. The fact is that dozens of essential oils and aromatic plants were used by the people of the Middle East in Bible times. While many are mentioned in the Bible, many others were not. We know this from Roman, Greek, Egyptian, Arabic, Persian, Babylonian, Sumerian, and other sources. They were a daily part of the lives of the Israelites, *yet the bible is incomplete and vague about the usage*.

The lack of detail on the oils of the Bible is primarily because it was not the intent of the Bible writers to discuss oils, but to present an account of the relationship of their people with god in a historical context. Hence, the majority of Biblical references to oils are related to worship (as

in Exodus) and quasi-religious ceremonies such as the anointing of kings... or such as burial or embalming.

... The emotionally *uplifting effects of inhaling the fragrances of oils are alluded to in Psalms, Proverbs, Isaiah, and Hebrews, but not discussed.* The *spiritual attributes of oils are suggested in many places of the Bible (as in Corinthians, Philippians, Ephesians, and Revelation) but are not explained.*

Page 6 – Why Explain the Obvious?

This leads to another point. *The lack of detail in the use of essential oils in the Bible is not only because the authors were focused on other purposes, but also because oils, in the forms of incense, perfumes, spices, ointments, and medicines, were so much part of the lives of everyone that no explanations were necessary...*

Such is our situation with the Biblical record of essential oils and how they were employed. They were simply not a central part of the message intended by the Bible writers, even though mentioned.

Page 9 – Essential Oils from Birth to Death

The beginning of Genesis tells the story of creation and how God placed the first man and woman in a garden where they would live and breathe the oils of plants gently floating in the atmosphere continuously night and day. *This suggests that God's original plan was that his children be in contact with essential oils – living and breathing in their presence throughout life.*

Page 14 – When we surrender our health care decisions entirely to professionals, whose training is in commercial medicines devised for profit and the maintenance of a secular system. We are not taking responsibility for our own health care. We are not following God's divine directions.

Pray and See Where God Leads. If one prays with an open mind, free of the influence of modern medical propaganda and pharmaceutical advertising, one will be led by God to consider 'alternative medicine'. *You would be guided to step outside of today's medical conventions.*

Page 15 – Essential oils (the oleo portion of the plant fluid) are chemically very special in the universe of God's natural substances. ... their healing power has been used since the most ancient of times. ... they are considered to be the first medicines of mankind and were an important part of the prescriptions of Hippocrates, the famous Greek physician...

Page 20 – Smart Medicine – By contrast, when essential oils are used to attack a bacteria which has invaded our bodies, they are selective because they are imbued with God’s intelligence.

Page 31 – How and Why Oils Can Heal

What they simply do is to restore the body back to its natural state of balance and health at the most basic and fundamental levels within the cells. The generational curses mentioned in the Bible (Ex 20:5; 34:7; Num 14:18; Deut 5:9) that come through the genes or our parents are not immutable and incurable as modern medical doctors believe. These inherited conditions can *be reprogrammed in the DNA by the actions of the essential oils combined with laying on of the hands with prayerful intent*. The Biblical oils all contain some, if not all these constituents. This is one secret to their amazing healing abilities. *Science will, in time, produce additional clarification of these processes, but this is our understanding at this time.*

Page 31 – Electromagnetic Frequency. There is another dimension to the healing powers of the essential oils. This has to do with their electrical properties.

Pages 33-34 The Power of Prayer

One of the most important healing modalities of the oils is *their ability to lift our bodily frequencies to levels where disease cannot exist*. Negative thoughts lowered the frequencies of the oils, while positive thoughts raise them. Prayer made an even greater difference ... raising the frequency levels This is important information. It has always been known that applying and receiving essential oils in an attitude of prayer greatly enhances their effectiveness.

Sometimes prayer will work and sometimes oils alone will work but the combination is very powerful, indeed. The intent and righteousness of the person applying the oil, as well as the faith of the receiver, has a great deal to do with the prognosis for success in healing. We must not only be intelligent and loving practitioners of aromatherapy, we must also live pure lives so that we may be clear channels for God’s healing power.

Deuteronomy 7:13 Moses comments that God will bless the oil of a righteous person. Science has now found this literally to be true.

Six ways that essential oils support us:

- 1) Fighters against unfriendly microbes
- 2) Balancers of bodily functions
- 3) Raisers of our bodily frequencies
- 4) Antioxidants that purify our systems
- 5) Clearers of negative emotional baggage
- 6) Uplifters of our spiritual awareness.

Chapter 3 – page 36 – Atheistic Medicine and the Priesthood of Healing

The False Gods of Our Times. It is now apparent that the secularization of the healing arts has been a major error leading to countless deaths and the destruction of personal wellness. While science has served us well in improving our standards of living It has become a false god, the idol of modern civilization. The scientific method cannot touch the most important aspects of our existence and will never have the answers for life's important questions.

Page 37 – The worship of science is particularly manifest with modern medicine in which people have come to place more faith than they have in God and Christ. This includes most church-going Christians.doctors are regarded as priests and hospitals are regarded as temples where medical miracles take place in response to dispensing holy waters (drugs, serums, etc.)... We can't believe how OT idol worshippers could have placed their faith and very lives on such transparently false basis. But idols and false gods are just as abundant today as they every were and millions bet their lives on them. *The principal idol most worship today is allopathic medicine, which appears legitimate and real because it wears a mask of science.*

Page 42 – Witchcraft and the Roots of Medicine

The roots of atheistic medicine are revealed in the roots of the word, 'pharmaceutical'. It comes from the Greek word 'pharmakeuein, meaning to practice witchcraft, and the word 'pharmokon', meaning 'poison'. Revelation 9:2, 18:23, 21:8; and 22:15 we find references to sorcerers or sorcery all of which have translated from these Greek terms.

Furthermore, Gal 5:19-21 – Paul lists acts of the flesh or sinful nature ... adultery, fornication, uncleanness, idolatry, witchcraft, hatred, etc. ... Greek word for idolatry here is 'eidololatrea' which means worship of that which is not God.

Page 51 – Did Biblical Priest Know Reflexology?

Lev 14:17 – during the ritual for leprosy and other skin disorders, the priest is to take some oil and anoint the person's right ear, the right thumb, and the right big toe. The choices of these reflex points and these oils is very interesting in light of today's scientific understanding of reflexology and emotional release points.

Page 52 -The scent hyssop *is a releaser of swallowed emotions and a spiritual cleanser of past sin and immorality, and evil spirits. Cedarwood oil can clear emotions of many kinds, but is particularly suited to deal with conceit and pride.*

Could it be that the ancient Levites understood emotional basis of disease...?

Page 53 – The Priesthood of Healing

Hence in the eyes of the Jews of that day, Jesus needed the authentication of a priest's examination to verify the actuality his miracle healing (lepers) – Luke 17-12-19

This is not unlike some spiritual healers of today who may seek the diagnosis of licensed physicians before and after their healings so that their results will be documented, accepted, and believed.

There is no denying that physical healing was a major part of Jesus' ministry and teaching. He trained his disciples also to be healers and the tradition was carried on for many decades, if not centuries in the early church.

Page 57 –Therefore, we are all entitled to use anointing oils on ourselves and to administer them to others. We are all ordained and appointed by God for this. We are all anointed as priests and sent by Christ to heal. *We are all endowed, not only with the spiritual and temporal duties of priesthood, but also the healing responsibilities for the maintenance of our own wellness by right living and right thinking and with authority to pass this on to others.*

(1 Peter 2:5,9; Luke 10:1-11) Mark 1:11-13, James 5:14, 3 John 2

Page 59 – *Jesus also schooled his disciples in the spiritual art of anointing to bring about healing using oil (Mark 6:13)*

Page 78 – The advantage of Thieves is its price, which is not as precious as the cost of Exodus II. The advantage of Exodus II is that it is milder, less prone to burn sensitive skin, *and has spiritual and emotional benefits. It is also scripturally based on oils and formulas given by God, himself, and used by his chosen people.*

Oils for Courage and Spiritual Awakening.

Another blend of oils of scriptural origin, commercially available is '3 Wise Men'.

All of these oils were used in Biblical times, including oils of spruce and almond. The Essential Oils Desk reference (EODR): *This blend was formulated to open the subconscious mind through pineal stimulation to help release deep seated trauma. These oils bring a sense of grounding and uplifting through emotional releasing and elevated spiritual consciousness (EODR, 2nd ed p 124).*

Spruce is an ingredient in the 3 Wise Men blend mentioned above. While reference to *spruce oils is not found anywhere in scripture*, it was in use in Biblical times. *There is a blend of oils containing spruce called 'Valor'. It has the emotional impact of stimulating courage.*

All of these oils were in use during Biblical times especially by the Romans, prior to and during the time of Christ. The EODR has this to say about Valor:

Valor helps balance electrical energies within the body giving courage, confidence, and self-esteem. It has been found to help the body self-correct its balance and alignment giving relief of pain. The oils in this blend empower the physical and spiritual bodies to overcome fear and opposition when facing adversity.

The formulation of Valor came from studying oils used by the Roman soldiers before going into battle. ... It gave them courage. With such fearlessness, they were able to conquer the Western world.

Page 81 – First of all, Jesus did not heal just anyone. He healed only those who were receptive to him and in almost every instance when the healing been accomplished, he said, ‘Thy faith had made thee whole’. He never once said, ‘I have healed thee’.

The point is made clearly in these passages where Jesus basically says, ‘Go where you are accepted, welcomed, and greeted in friendship because you can help these people. They are receptive. But where you are greeted with resistance, doubt, or disbelief, don’t waste your time, Move on. And when you go, don’t look back ... They will suffer greatly for their mistake and you can’t help them. So go on.”

Page 84 – *Every illness is an opportunity to correct past mistakes, acquire new wisdom, make spiritual progress, increase in righteousness, and grow closer to God.*

Page 85 – Why Prayer Doesn’t Always Work

When we suffer with a disease, even a fatal one, there is often a part of that wants to be healed but another part that does not. Sickness is often an unconscious choice at an emotional level. We have actually invited the disease into our lives without us know it. When the opportunity comes to be healed, we may accept it consciously and intellectually, but reject it subconsciously and emotionally.

Page 86 – Why God Always Answers Prayer

The Truth is that God always answers the messages we send him. We want something without our willingness to prepare ourselves to receive it.

Page 89 – *Demonic spirits don’t like essential oils. They are repelled by them. Their high vibrations, put there by God, are too much and make them want to leave. Those experienced in the administration of therapeutic oils, especially when used to resolve and release buried emotions, can find themselves encountering demons repulsed by the high energies of the*

aromatic molecules. ... *know that by the power of God and the Holy spirit you will be guided as to what to do. Intense prayer and calling on the name of Jesus Christ will always prevail in such situations.*

In other words, when you have cleared of a possession, you must fill the void with righteousness. To make the healing permanent, you must repent and adapt your lifestyle toward greater spirituality.

Page 90 Mark 6:13 Jesus instructs his disciples to anoint the sick with oils and heal them. Mark didn't explain this passage because he knew that his readers of the day would have known that it was customary for 'anointing oil' to contain aromatic ingredients. When anointing oil was referred to simply as 'oil' it was understood by the people of that time that vegetable oil was only a carrier for the vital essences of the aromatics it contained. *Using a vegetable base as a carrier allowed the disciples to use their stock of essential oils more cost effectively and enable them to share them with more people.*

Page 92 *God does not ask that we do miracles. He only asks that we care for the sick and help them find healing by applying his natural medicines.*

Page 93 – Why Not Just Prayer?

Jesus not only taught his disciples that prayer and repentance were part of the healing procedure, he also taught the use of oils. Since the NT does not explain much about which oils are to be used, many have interpreted that to mean it doesn't matter. They believe oil is symbolic or ritualistic value only.

Some Christians reject the idea of healing oils altogether, remarking that 'Prayer is enough. You don't need oils.'

As discussed in the introduction, essential oils are special creations of God, *infused with his Word (Gen 1:11-12; John 1:1). Being the products of God's words and thoughts, they respond to our words and thoughts. Essential oils magnify intent. When we apply them and mentally or verbally direct them to places in the body that need therapy, the oils respond to your thoughts and understand. They will go where you have directed and administer their healing vibrations. When we pray over oils, their frequencies increase. When their electromagnetic frequencies increase, so does their ability to uplift and heal. When our intent is expressed as prayer, oils amplify that intent and increase the effectiveness of the prayer.*

Prayer can work without oils. Oils can work without prayer.

If you are having success with prayer alone, it can be increased by the intelligent use of oils. There is actually scientific basis for using oils and prayer together. See the booklet, 'Quantum Physics. Essential Oils and the Mind-Body Connection available at www.RaindropTraining.com

Page 114 Oils of Joy

The 'oils of joy or gladness' referenced in the scriptures (Psalm 45:7; Prov 27:9; Isaiah 61:1,3; Heb 1:9) were all essential oils or vegetable oils containing essential oils. How do we know this? *Only essential oils have mood altering properties.* Vegetable oils do not.

Page 141 - The Mystery of the Anointing Woman

In fact, *the focus of Bible writers on the spiritual message cause them to be less than perfect in their attention to geographical, historical, and material detail.* This is the main reason *it is difficult to construct a book on essential oils (such as this) from a source (like the Bible) whose theme was religion – not the properties of plants and their uses.*

Page 188 It Takes Life to Produce Life

It takes a life process to produce a living substance – only God can do that ... There is also ***electromagnetic frequency, or life force...*** Essential oils are God's gift to everyone. They can never be copyrighted or trademarked or patented for profit. Their applications, while healing, are not the practice of medicine. In the Biblical tradition, the application of essential oils was the practice of religion. Every American has the right to exercise that freedom.

Page 189 - Therapeutic grade oils are almost never sold in retail. Do not expect healing from non-therapeutic grade oils. *One has to search and be discerning in one's search. One must also educate oneself thoroughly in the use and application of essential oils to gain their full benefits.* Be discriminating in what you read. There are false teaching out there as well as fake oils. If you want to purchase Young Living oils, you need a sponsor to help train you in their use.

Chapter 14 – Page 190 – A Bible Oils Program You Can Do.

A concept has been developed that is working well. It's fun. It's easy. And you can do it. It is a scriptural oils program that can be done in living rooms, churches, community centers, schools, and other public places. This program offers a great opportunity for people to learn of the wonderful healing miracles possible through essential oils.

What you do is schedule a program entitled "Healing Oils of the Bible". *You don't have to be an expert on oils or an authority on Bible scripture to do this.* This book contains all the background information you need and much more. *All you need is this book.*

Churches are particularly appropriate places to offer this program. We have found churches *receptive to the idea*. When seeking permission to offer the program, give the pastor a copy of the program notes (Photocopy of Appendix F, pp.280-299...) We have found that churches are not only willing to provide facilities for the meetings, but will put it in their bulletins, newsletters, and calendars.

Most churches look upon this as outreach and like the idea of attracting new people to come to a program on their grounds who are not already believers.

As for the program, itself, we build it upon the Twelve Oils of Ancient Scripture Kit, but we also use Joy, Exodus II, Thieves, 3 Wise Men, Valor, and sometimes the 7th Heaven Kit.

We pass around the bottles of oils as we talk and take turns reading the appropriate scriptures from the Bible. *Sharing the oils is the most important part of the program. What you say is secondary. The oils speak for themselves.*

We close with Mark 6:12-13: ‘ And they went out ... and they anointed with oil many that were sick and healed them.’ *We conclude by saying something like “Those of us who use, administer, and teach the use of these oils feel that we are carrying on the work of Jesus as taught to his disciples and as expressed in this passage from Mark... etc.”*

Page 194 – The primary purpose is the public education on the topic of the Healing Oils of the Bible. Most people do not know the important role that essential oils played in the lives of Biblical people, *nor do they know about the healing power of the oils.*

Page 195 – Sample Program

- Oils for healing, cleansing, and holy anointing are mentioned more than 500 times
- Moses used them to protect the Israelites from disease.
- Mary & Joseph used them to keep baby Jesus and themselves healthy
- Modern science finds some of them to be as effective as antibiotics and to promote overall health, vitality, and longevity.
- Come learn, enjoy, share, and *experience these holy healing oils. Come and be anointed.* (“And they went out ... and they anointed with oil many that were sick and healed them.” Mk 6:12-13)

Page 202 – Three constituents (phenylpropanoids, sesquiterpenes, and monoterpenes) are unique to essential oils and when produced naturally by the plant have the intelligence and

capability of cleansing the receptor sites our cells (phenols), *erasing incorrect information in the DNA or cellular memory (sesquiterpenes), and reprogramming God's original plan.* In this way, *essential oils can actually correct the cause of a disease at the cellular level and facilitate a permanent and sometimes instantaneous healing.*

Page 218 – Commercial Christian Anointing Oils

The first thing I point out as being suspect is that the containers are clear transparent glass, which is not appropriate for any essential oil. *Light causes essential oils to polymerize.* The healing power of essential oils is because of their tiny molecules.... When oil molecules are too big, *they cannot penetrate, or evaporate, and cannot heal. Thus, essential oils must be protected from the light.*

Page 221 Concluding Remarks

Find people who are receptive and ready and administer to them.

In conclusion, *say words to the effect: "Those of us who work with these oils and teach others how to use them and who practice raindrop technique and other methods of anointing feel that we are carrying on the work of Christ as taught to his disciples and as expressed in this passage in Mark".*

If the program has been held in a church, you will want to close with prayer, which is a good idea anywhere you do the program.

Page 261 – Appendix C Oils Not Mentioned In the Bible

Essential oils were an important and daily part of the lives of those living in Biblical times, yet *the Bible is incomplete and vague about their usage.* Primarily, this is because it was not the intent of Bible writers to discuss oils but to present the word of God in the historical context of the Jews and early Christians.

Most of the oils and fragrances commonly used for medicines and fragrances for deodorants, perfumes, *were omitted from the Bible because their mention would not contribute to making their theological point.*

To find what other oils were in use during Biblical times, one has to rely on archeological records of the Babylonians, Sumerians, Phoenicians, Egyptians, Persians, Arabians, and other cultures surrounded and occupied by the Holy Land at those time. One must also rely on Greek sources, such as the great physician, Hippocrates ... and Roman sources

Page 263 – Where’s the Lemon Oil?

Citrus trees or their oils are not mentioned in the Bible. This is because citrus is of Chinese origin and not known in Europe and the Middle East until around the 10th century. In modern aromatherapy, *citrus oils play major roles in the healing of body, mind, and soul*, but such medicines were unknown to the people of the Bible.

Page 272 – 7th Heaven

Even without knowing where the idea came from, the expression, ‘being in 7th heaven’, refers to a state of supreme happiness, joy, bliss, ecstasy, and /or satisfaction. That much is part of the public lexicon.

The concept of “7th Heaven” originates from the secret teachings of the Jews that were intended to be passed on by word of mouth only. Originally, such knowledge was only to be shared with those deemed spiritually ready to receive.

Seven levels of heaven or degrees of awareness of God was also an esoteric teaching of the Essenes, a colony of Jewish mystics who lived near the Dead Sea ..

The concept of Seventh Heave was this: In order to reach God, one ascends through 7 levels or rings of consciousness (or spiritual awareness) with the top, or 7th level, being total awareness of or complete communion with God, himself.

Jesus was no doubt, aware of these teachings For some reason, however, they were never included in the Gospels. *Perhaps the Gospel writers didn’t mention the idea of respect for the notion that they were to be shared only with persons of sufficient spiritual development who could understand and make use of the concept.* From 2 Cor 12:2,4, many Christians have concluded that “Third Heaven” must be the abode of God, himself, and thus the highest heaven.

Page 276 – The 7 Oils of the 7th Heaven

1. **Dream Catcher** – may help open the mind and enhance dreams and visualization, promoting a greater potential for realizing your dreams and staying on your path.
2. **Gathering** – may help *overcome the bombardments of chaotic energy that alters our focus and takes us off our path toward higher achievements.* May bring people together on a physical, emotional, and spiritual level for greater focus and clarity. It may also help one stay *focused, grounded, and clear* in gathering’s one’s potential for self-improvement.

3. **Awaken** – not intended to awaken us as in being tired or sleepy, *but to awaken our spiritual awareness and consciousness of our true inner selves*. Helps to bring one to an inner knowing in order to make changes and desirable transitions assisting to reach one's highest potential.
4. **Humility** – having humility and forgiveness helps us to heal ourselves as well as our earth. Humility is necessary in obtaining forgiveness and is the only way to build a closer relationship with god. *Through the frequency and fragrance of this blend, you may find that special place where your own healing may begin.*
5. **Inspiration** – may bring us closer to our spiritual connections. While composed almost entirely of Biblical oils, cedar wood and spruce were also used by Native Americans to increase spirituality, enhancing prayer and inner awareness.
6. **Sacred Mountain** – this blend represents the sacred feeling of the mountains. It *stimulates feelings of protection, strength, grounding, empowerment, and security.*
7. **White Angelica** – these were used in ancient times to *increase intensity and size of the torus or aura (electric field) around the body. Its frequency neutralizes negative energy. It is calming, soothing, strengthening, and protective. It brings a feeling of security and a sense of spiritual wholeness.* This oil is often used when doing emotional releases with people or when in any environment where negativity of any kind may be encountered, including the presence of demonic possessions.

Page 283 Appendix F Unique Chemistry of Biblical Oils:

Sesquiterpenes and Monoterpenes can *be spiritually elevating* by stimulating the pineal gland and their oxygenating capabilities can create an environment that makes it difficult for cancer cells to survive.

Thus, the oils of the Bible serve us on all levels: Spiritual, Emotional, Mental, & Physical.

Page 291 – Frankincense

Holy Anointing Oil, a cure-all, used to *enhance meditation and elevate spiritual consciousness, thought to assist one in the transition of death....* Frankincense is mostly monoterpenes which, as an anointing oil, embraces God's image in us (Gen 1:26)

Page 322 – About the Author

Former United Methodist Pastor – has spent many days training with Gary Young – an internationally recognized authority on aromatherapy, essential oil production, and the *originator of the Raindrop technique*.

In October 2004 he received a diploma as a *Doctor of Natural Medicine* (DNM) from the World Organization of Natural Medicine Practitioners. In April 2007 he earned the title of Integrated Aromatic Science Practitioner from the Institute of Energy Wellness (Brampton, Ontario). In Sept 2007 he became a *Board Certified Raindrop Specialist through the Natural Therapies Certification Board* and a *Licensed Spiritual Healer* through the *Spiritual Healers Licensing Board*. He is President and CEO of the Center for Aromatherapy Research and Education (CARE International). CarePublications.net and RaindropTraining.com and www.GodsForgottenGift.com

Conclusion:

These philosophies and propaganda for health and wellness are LIES!

The underlying worldview spiritual philosophy described in these practices is not a Biblical worldview nor is it the Jesus of the Bible. These are actually mocking spirits operating through the philosophy of energy therapy – deceiving the non-discerning Christian to actually entertain them. Tragically, the truth, is that Satan and his demons are being entertained by those who have opened their souls (mind, will, emotions) to them. The theory is that the oils through the olfactory process (smell) produces emotions. Christians have personally told me that certain oils bring back memories and they feel the presence of the Holy Spirit. The Bible tells us to ‘test the spirits’! The Holy Spirit has no substitutes. The love of Jesus and the Cross of Calvary are inseparable from the Holy Spirit.

It is interesting Mark 15:23, Jesus was offered wine drugged with myrrh to ease his pain on the Cross, but He refused it. Myrrh was given to those being crucified to ease the pain, make their death more bearable. That tells me that when Jesus said ‘it is finished!’ and I read that by His stripes I am healed – I know that he felt the fullness of all pain- not even man’s offer of numbness did He take to alter His suffering for me. He was intentional about my salvation, healing, deliverance, and eternal life with Him. We were the joy set before Him. He knew raw, excruciating pain without a drug.

He did not alter His pain so why would He (or I) alter His Plan?

Again, each person must take responsibility for their own health. Knowing the body is the temple of the Holy Spirit and you have been purchased by God – you are not

your own. I encourage people to go to websites and resources to check out products that are promoted as natural or especially if they promote something as a Biblical worldview or the way Jesus taught.

Natural can mean many things to different people. From a healthcare professional, the word 'natural' from a pure sense, connotes going back to the very basics: fresh air, sunlight, fresh water, healthy food, exercise, and quality sleep.

What Is Energy Healing?

Complementary Alternative Medicine (CAM), also called Natural Alternative & Complementary (NAC) therapies and holistic practices are prominent modalities that have appeared in the West. The American health system had primarily been dominated by a biomedical worldview. There has been a paradigm shift that has reconceptualized health and healing to be holistic – body, mind & spirit.

The concept of energy healing and its use as a philosophy for promoting holistic healing is not new. Energy therapies are ancient healing practices in which the systems are rooted in the belief that the body, mind, spirit, and emotions form a complex dynamic energy field that can be manipulated to promote holistic healing (Popoola, M. 2015, pg. 39). The ultimate goal of CAM, is not to promote healing, but to induce or maintain a state of balance, harmony, and wholeness (body, mind, & spirit). Therefore, the understanding of the concepts of energy and holism are critical to understanding the holistic healing process and the management of stress-related diseases when these therapies are practiced. (Popoola, 2015, pg. 39).

Holistic health is described from the National Center for Complementary and Integrative Health (NCCIH) as one who considers the whole person, including physical, mental, emotional and spiritual aspects. Other concepts associated with holistic health by such organizations are energy, mind/body balance, spirit connection, physical wellness, emotional wellness, self-healing, traditional healing, and cultural healing. (Popoola, M. 2015 pg.40). Unlike modern medical approaches which are mechanical and fragmented in clinical care, holism is humanistic and always considers the environment, the culture, and the interconnections between other forms of life and energy on Earth (Popoola, pg. 41).

As you can imagine – with these concepts and descriptions, holistic health opens itself to a world of many belief systems, conceptual frameworks, and religious traditions.

The NCCIH categorizes healing into categories: Natural; Mind-Body; or Traditional Healers. Natural reflect products such as herbs, vitamins, minerals as dietary supplements. The Mind-Body healing constitutes such things as meditation, massage therapy, acupuncture, tai-chi, qi-gong, healing touch, hypnotherapy & yoga. Other places you may see prayer included in this category. Traditional healing include Ayurvedic medicine, Traditional Chinese medicine, homeopathy, & naturopathy. In all of these except the natural dietary supplements, there is a spiritual component, many of which are called energy healing.

As you can see from the description of essential oils as defined from 'The Oils Used in the Bible' and the actual oil descriptions and uses from the previous descriptions, a spirituality or spiritual philosophy is inseparable and becomes much more than just a herb or dietary supplement, or skin product. Essential oils, aromatherapy, and rain drop technique actually fit into holistic healing in the category of mind/body category. Every energy therapy has an underlying philosophy interpreted to mean supernatural wisdom or spiritual consciousness that comes from God or Higher Self, packaged to the West in the form of health, wellness, or exercise. There are essential oil companies that are not just about promoting oils as a fragrance, beauty, or household product, it is about energy healing with Jesus portrayed in the spiritual philosophy and relating the experiences as the Holy Spirit. The God consciousness, these philosophies are really promoting, is a universal spiritually guided life force.

The Cross is missing! The Blood of Jesus is missing! The love and intimacy of the Father is missing! In Christian healing, the focus is on Christ, the Cross, forgiveness of sins. The Gospel puts the focus of the ministry of Jesus as forgiveness of sins through His Cross.

People using these therapies with no understanding of truth are blindly following their leader or practitioner to select and promote a treatment plan for your condition. When using modalities that are intended for holistic healing, you are embracing the spirituality component behind the practice because it is intended to be inseparable. These health and wellness initiatives and practices have caused vulnerable people to open the doors to the occult. The spiritual experiences many claim to have is not the Holy Spirit.

The reasons these trends of holism are accepted in the U.S. are because:

- Marketing implies that Reiki, Essential Oils, Therapeutic Touch and others are the same way Jesus healed.
- They satisfy the hunger for spirituality and transcendence.
- There are problems with allopathic (modern medicine) and people are seeking perceived improvements or alternatives.
- People desire more personal connections with their practitioner.
- People believe it is not God's will to heal everyone.

Healing Touch includes therapies like, Therapeutic Touch (TT), Reiki, shiatzu, reflexology, raindrop technique. Christian laying on of the hands for prayer is often lumped into this spiritual healing category – beware- it is assimilated into all cultures with no reference to – or belief in Calvary and the shed blood of Jesus Christ.

Therapeutic touch (TT) is often considered the modern form of the ancient practice of laying on hands but it is done indirectly without touching, but moving your hand over the body. TT, for example, is not considered a religion, but the practice has roots in ancient shamanism. I encourage you to research these various religions and practices and you will see and quickly understand the commonalities. Even

Yoga- Yoga is a mind and body practice with origins in ancient Indian philosophy. Like other meditative movement practices, it has a distinct spiritual energy philosophy along with posture, and mantras.

Yet, those that practice all of these things have no difficulty ascribing the power to Jesus. The repackaging of false religions and ancient practices are intentional for Western audiences. The Bible is full of Scriptures with God's prohibition against trafficking in the spirit realm or using mediums. In all of these practices, we seem to have practitioners that profess to be Christ followers. Again, know what you are doing – guard your spiritual health – guard your relationship with Jesus!

Deuteronomy 18:9-14; 18-20

“When you come into the land that the LORD your God is giving you, you shall not learn to follow the abominable practices of those nations. ¹⁰ There shall not be found among you anyone who burns his son or his daughter as an offering, anyone who practices divination or tells fortunes or interprets omens, or a sorcerer ¹¹ or a charmer or a medium or a necromancer or one who inquires of the dead, ¹² for whoever does these things is an abomination to the LORD. And because of these abominations the LORD your God is driving them out before you. ¹³ You shall be blameless before the LORD your God, ¹⁴ for these nations, which you are about to dispossess, listen to fortune-tellers and to diviners. But as for you, the LORD your God has not allowed you to do this.

¹⁸ I will raise up for them a prophet like you from among their brothers. And I will put my words in his mouth, and he shall speak to them all that I command him. ¹⁹ And whoever will not listen to my words that he shall speak in my name, I myself will require it of him.

In Christian healing, the focus is on Christ, the Cross, Christ's death and resurrection, and the fullness of walking in the Holy Spirit as we follow Jesus and His ways. The claims to practice essential oils or any other practice related to Jesus is absolutely false.

Discernment is not knowing the difference between right and wrong, but what is right and almost right. ~ Charles Spurgeon

John 14:6

Jesus said to him, “I am the way, and the truth, and the life. No one comes to the Father except through me.

Mark 2:4-12

⁴ And when they could not get near him because of the crowd, they removed the roof above him, and when they had made an opening, they let down the bed on which the paralytic lay. ⁵ And when Jesus saw their faith, he said to the paralytic, “Son, your sins are forgiven.” ⁶ Now some of the scribes were sitting there, questioning in their hearts, ⁷ “Why does this man speak like that? He is blaspheming! Who can forgive sins but God alone?” ⁸ And immediately Jesus, perceiving in his spirit that they thus questioned within themselves, said to them, “Why do you question these

things in your hearts? ⁹ Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your bed and walk'? ¹⁰ But that you may know that the Son of Man has authority on earth to forgive sins"—he said to the paralytic— ¹¹ "I say to you, rise, pick up your bed, and go home." ¹² And he rose and immediately picked up his bed and went out before them all, so that they were all amazed and glorified God, saying, "We never saw anything like this!"

James 5:15-16

¹⁵ And the prayer of faith will save the one who is sick, and the Lord will raise him up. And if he has committed sins, he will be forgiven. ¹⁶ Therefore, confess your sins to one another and pray for one another, that you may be healed. The prayer of a righteous person has great power as it is working.

Instead of condemning or accusing practitioners or participants – invite them to join you in becoming a disciple of Jesus. Begin to really minister to them the real Jesus, encouraging them to make Jesus Lord of their lives, and loving them as Jesus did. Avoid seeing people as evil, but a person with a different worldview. However, it is important for you to speak truth.

REFERENCES

Stewart, David. (2012) *Healing Oils of the Bible*. Marble Hill, MO: CARE Publications.

Cohen, C. & Cohen, J. (2014) Aromatherapy: Biblical Path to Healing or Demonic Deception? <https://www.scribd.com/doc/220189676/Aromatherapy-Biblical-Path-to-Healing-or-Demonic-Deception-by-Chuck-Julie-Cohen>

The Holy Bible, *New King James Version*. (1982) Nashville, TN: Thomas Nelson, Incorporated.

Public Health Service: Food & Drug Administration: Inspections, Compliance, Enforcement, and Criminal Investigations. (9.22.14). <http://www.fda.gov?ICECI/EnforcementActions/WarningLetters/2014/ucm416023.htm>

Document Author:

Rev. Jo McGuffin

Executive Director of Development, Zoe Healing Center